



Countless individuals are living longer, healthier and happier lives because of the advanced cardiovascular care they received at Norwalk Hospital.

Based out of the Hospital's state-of-the-art Phyllis and David Komansky Cardiac and Vascular Center, our full range of cardiovascular capabilities include:

- Emergency angioplasty for heart attack patients
- Sophisticated imaging technologies for diagnosis
- Nationally recognized critical care nursing team
- Accredited cardiac rehabilitation program led by an advanced practice registered nurse
- Comprehensive patient education resource center
- Expert care delivered with a compassionate touch

Norwalk Hospital's cardiovascular physicians are well-respected for their superb diagnostic and treatment skills. Many have been recognized for their outstanding achievements treating complex and high-risk patients, as well as for conducting research studies to advance the field of cardiovascular medicine.



To learn more about Norwalk Hospital's cardiovascular services and our experienced, compassionate caregivers, call the Phyllis and David Komansky Cardiac and Vascular Center at (877) 827-8379.



34 Maple Street • Norwalk, CT 06856  
For more information call 1-866-NHB-WELL or  
visit [norwalkhospital.org](http://norwalkhospital.org)



# Combining state-of-the-art care with state-of-the-*heart* compassion

Cardiovascular disease is a leading cause of death and disability in America. In fact, one of almost every three deaths in America is due to cardiovascular disease, and an estimated 80 million Americans have at least one form of the disease.

To meet the needs of our community, Norwalk Hospital developed a premier cardiovascular program. One of the Hospital's signature services, our Cardiovascular Program provides:

- ✓ State-of-the-art technology
- ✓ A leading and experienced team of caregivers
- ✓ Sophisticated monitoring devices
- ✓ High-quality heart attack care that is among the national leaders

These are just a few of the reasons why Norwalk Hospital's advanced cardiovascular care is a heartbeat ahead.

Patients also benefit from the advanced services offered in our newly renovated Phyllis and David Komansky Cardiac and Vascular Center. Combine these with our convenient location, compassionate caregivers and friendly, community hospital setting, and patients receive outstanding cardiovascular care right in their backyard.

## Advanced diagnostic capabilities

Offering leading-edge technology and procedures, Norwalk Hospital's cardiovascular diagnostic and screening services include:

- 64-slice coronary CT angiography
- Cardiac and vascular ultrasound
- Holter monitoring
- Cardiac stress testing



## State-of-the-art treatments

A leader in providing patients with the latest, minimally invasive procedures, our treatment capabilities include:

- Emergency cardiac angioplasty
- Cardiac ablation for irregular heart rhythms
- Pacemaker and defibrillator implantation
- Angioplasty for peripheral arterial disease

## Sophisticated inpatient care

Nationally recognized critical care nurses are among the caregivers dedicated to meeting the medical, emotional and informational needs of patients and their loved ones on our inpatient units, which include:

- Coronary Intensive Care Unit
- Cardiac/Telemetry Step-Down Unit
- Medical Cardiac Unit

## Convenient cardiac rehabilitation

Accredited by the American Association of Cardiovascular and Pulmonary Rehabilitation for "providing the highest standard of care," Norwalk Hospital's Cardiac Rehabilitation Program helps patients live life to the fullest by offering:

- Safe, individually designed exercise plans
- Monitored workouts
- Diet and lifestyle education
- Psychosocial counseling
- Stress management

The program is led by a full-time, advanced practice registered nurse, registered nurse, and exercise physiologist, each certified in advanced cardiac life support.

